



NEW WESTMINSTER

Emergency Survival Guide

Disclaimer: Programs are subject to change.

Effective: January 2nd to February 29th, 2022



Drop In



Maida Duncan Women's Drop-In Centre

402 East Columbia Street
(604-520-1166)

- Women only
- Food, showers, laundry, free clothing

Centennial Community Centre

65 East Sixth Street
604-777-5100

- Shower: Friday 12:00pm-4:00pm
(Last shower is at 4:30pm)

Lower Mainland Purpose Society

40 Begbie Street.

- Rent Bank: assists people to remain in their homes by providing small loans
 - 604-526-2522
 - Monday-Friday 8:30am-5:00pm
- Health Contact Centre: overdose prevention
 - 604-366-5791
 - 7 days a week 3:30pm-10:30pm
- Personal Identification Services: assistance in applying for and storing personal identification
 - 604-526-2522
 - Monday-Friday 8:00am-5:00pm



Housing and Shelters



Last Door Recovery House

327 Eighth Street
1-866-247-9890

- Adult and youth addiction treatment programs for males

Russell Housing Centre Extreme Weather Response

740 Carnarvon Street
604-529-9126 (Call to confirm operation)

- Shelter operation hours: 8:30pm-8:00am
- Operational during extreme weather events, November 1 to March 31
- 15 mats

Purpose Society Extreme Weather Response

502 Columbia Street (Former Army & Navy Building) 604-526-2522

(8:30am-5:00pm) or
604-375-5792. (During shelter hours 8:00pm-8:00am)

- Must enter on Front Street only
- Operational during extreme weather events, November 1 to March 31
- 50 mats

Shelter and Street Help Line

24 hours, 7 days a week
Call or text 2-1-1

- Designed to assist people to find available shelter beds and services in the Metro Vancouver



Housing and Shelters

Women/ Women & Children/ Families



Monarch Place Transition House

Confidential housing locations
604-521-1888.

www.monarchplace.org

- Support services and housing for women and children fleeing abuse

Fraserside Community Services Society Emergency Family Shelter

Confidential housing location
604-525-3929

- Twelve beds for homeless families and single parents, please call first for placement

Elizabeth Fry Society

Confidential housing locations
604-520-1166 (Elizabeth Fry Society)

- Gurney's Place Shelter (New Westminster)
604-524-0710
 - Twelve shelter units for women and children
- Pathways (New Westminster) 604-540-1985
 - Nine units of semi-independent housing for women
- Sheena's House (North Surrey) 604-581-1538
 - Offers supportive shelter homes for homeless women
- Cynthia's Place (North Surrey) 604-582-2456
 - For single women



Housing and Shelters

Men Specific



Maria Keary Cottage

305 Carnarvon Street

604-636-3590

- 20 beds for homeless men, please call first

Lookout Housing Shelter

740 Carnarvon Street

604-529-9126 (Extension 101)

- 16 beds for homeless men

Salvation Army Stevenson House

32 Elliot Street

604-526-4783

- 24 hours, 7 days a week
- 14 emergency shelter beds for homeless men



Hot Meals & Food Hampers



St. Vincent de Paul

740 Carnarvon Street

Located at The Russell Shelter (Enter on Alexander Street)

- Meal: Friday 5:00pm-6:00pm; 1st and 2nd Sunday of the month 12:00-1:00pm

Greater Vancouver Food Bank Society

613 Queens Avenue (At Olivet Baptist Church) 604-876-3601
(For the most-up-to-date information, please call)

- Thursday, 9:30am-12:30pm
(Do not arrive before opening time)
- Must provide valid identification of self and any dependents

Salvation Army

325 Sixth Street

604-521-2421

- Food bank: Monday and Friday 12:30pm-2:00pm
(Registration required); Wednesday (Drop-in). 12:00pm-1:30pm

St. Barnabas Church

1015 Fifth Avenue (At church courtyard) 604-526-6646

- Emergency groceries: Wednesday 1:00-2:30pm



Hot Meals & Food Hampers



Union Gospel Mission

658 Clarkson Street

604-525-8989

- Breakfast service: Monday-Friday
8:30am-9:30am
- Hot lunch: Monday-Friday
11:00am-12:00pm

Gurdwara

347 Wood Street

604-537-8300

- Takeout brunch: Monday-Sunday
11:00am-12:00pm,
5:00pm-7:30pm

Lower Mainland Purpose Society

40 Begbie Street

604-526-2522

- No barrier food hamper: Friday
12:00pm (Arrive early, supplies
only last for 20 minutes)
- Food hamper: Monday-Friday
8:00am-5:00pm (Registration
required, call for more Information)



Hot Meals & Food Hampers

Weekends



Holy Trinity Cathedral

514 Carnarvon Street
604-521-2511

- Takeout brunch: Saturday
11:00am-12:00pm

St. Aidan's Church

1320 Seventh Avenue (Enter at
Fourteenth Street)
604-526-4914

- Food hamper: Saturday
12:30pm-1:00pm

Aunt Leah's (Youth 15 to 25)

816 Twentieth Street
604-525-1204

- Meal and food hamper: Sunday
3:00pm-4:00pm

Knox Church

403 East Columbia Street
604-524-6712

- Food hamper: Saturday
1:15pm-1:45pm

Queensborough Fire Hall

1011 Ewen Avenue
604-836-8400

- Food hamper: Saturday
1:00pm-1:30pm

Gurdwara

347 Wood Street
604-537-8300

- Takeout brunch: Monday-
Sunday. (11:00am-12:00pm)
(5:00pm-7:30pm)

St. Vincent de Paul

740 Carnarvon Street
Located at The Russell Shelter
(Enter on Alexander Street)

- Meal: Friday 5:00pm-6:00pm;
1st and 2nd Sunday of the month
12:00-1:00pm



Clothing



Salvation Army Emergency Clothing

774 Columbia Street

604-521-0319

- Monday-Friday 9:00am-11:30am, 2:00pm-3:30pm
- Clothing for homeless adults
- Appointments preferred but not required

Saint Barnabas Thrift Shop

1010 Fifth Avenue

778-917-8013

- Wednesday, Friday, Saturday

11:00am-4:00pm



Emergency Service Numbers



New Westminster Police Department

555 Columbia Street
604-525-5411 (Monday-Friday
8:00am-4:00pm, non-emergency
line)
• In an emergency, call 9-1-1

Royal Columbian Hospital

330 East Columbia Street
604-520-4253 (24 hours, non-
emergency line)
• In an emergency, call 9-1-1

HealthLinkBC

- Call 8-1-1
- Provides 24 hours, confidential health information and advice
- Translation services available

Crisis Centre

12:00pm-1:00am
• Suicide crises line: 1-800-784-2433
• Youth crises line: 604-872-3311
• Seniors' distress line: 604-872-1234
Confidential and non-judgmental

Help Line for Children

- 310-1234 (No area code needed)

Kids Help Phone

1-800-668-6868
• 24-hours, 7 days a week
• Provides free, anonymous and confidential professional counselling service for children and youth