

THIS IS AN AGREEMENT BETWEEN

_____ (Youth)

And

_____ (Caregiver(s))

THE YOUTH AGREES TO THE FOLLOWING:

I know:

- having a digital device is a privilege;
- the safest practice is to never take fully or partially naked images or videos of myself;
- using devices to take fully or partially naked images or videos of myself puts me at risk—even if my device is password protected;
- sharing fully or partially naked images or videos of myself puts me at risk of being blackmailed by others who threaten to tell people I respect—like my friends and family;
- if I share fully or partially naked images or videos of myself, others may threaten to share those with strangers or ‘everyone on the internet’ to try to make me do other or more extreme things I don’t want to do;
- if I encourage others to share fully or partially naked images or videos of themselves, I put them at risk;
- if I receive fully or partially naked images or videos from others, I should recognize that those people could be at risk (and these might not even be pictures of the ‘real’ person).

I know:

- people who want to be in a relationship with me (friend or more) should respect me and my choices;
- anyone who truly cares for me and my well-being will help me when I am in trouble;
- it is wrong for anyone to try to pressure me into doing something that makes me uncomfortable;
- it is wrong for anyone to try to take advantage of me;
- I can’t trust anyone who tries to blackmail me to do things I don’t want to do;
- no one who really cares for my safety would try put me at risk.

So, if I am placed in a situation where I have put myself at risk by creating and/or sharing fully or partially naked images/videos and I feel I am in trouble or danger,

I PROMISE to: [Check all that apply]

- call the police (911) if I am in danger of immediate harm;
- call you or speak to you to ask for advice or help, regardless of the hour or circumstances
- call or speak with _____ [insert mutually agreeable 3rd party here] to ask for advice or help, regardless of the hour or circumstances. After hearing my situation, if this person thinks I should speak with you, I will do so immediately.

THE CAREGIVER(S) AGREE TO THE FOLLOWING:

Because I/We care about you and your well-being, and it is my/our job as your caregiver(s) to keep you safe, when you need to speak about any issue where you feel that you or someone else is at risk due to sharing of partially or fully naked images or videos, I PROMISE to

- listen respectfully, sympathetically, and in a non-judgemental way;
- suggest possible solutions to keep you safe;
- reach out to other groups like police, or counsellors, either with you or on your behalf.

RENEWAL:

This agreement is valid for one year from the date of signing. At the end of one year, the parties may review the terms and decide to renew the agreement, or edit the terms.

Signed:

Date: _____

(The Youth)

Date: _____

(Caregiver)

Date: _____

(Caregiver)